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The study was conducted in 10 districts of Nampula province where USAID supports programs in nutrition and agriculture.

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Definitions:

HOUSEHOLD FOOD SECURITY:
Categorization using the Household Food Insecurity Access Scale (HFIAS), designed to capture the household’s behavioral and psychological signs of insecure food access.

MINIMUM DIETARY DIVERSITY OF CHILDREN (IYCF-MDD):
Proportion of children 6-59 months of age who received foods from 4 or more food groups during the previous day. Food groups include grains, roots, and tubers; legumes and nuts; dairy products; flesh foods (meat, fish, poultry, and organ meats); eggs; vitamin A rich fruits and vegetables; and other fruits and vegetables.

MINIMUM DIETARY DIVERSITY FOR WOMEN (MDD-W):
Proportion of female caregivers who consumed foods from at least 5 or more food groups during the previous day. Food groups include grains, roots, and tubers; pulses; nuts and seeds; dairy; meat, poultry, and fish; eggs; dark green leafy vegetables; other vitamin A rich fruits and vegetables; other vegetables; and other fruits.

WEALTH:
A wealth index was constructed using the DHS method including data on a household’s ownership of selected assets; materials used for housing construction; and types of water access and sanitation facilities. Wealth quintiles are reported here.

FEMALE CAREGIVER’S EDUCATION:
Categories are defined using the highest grade of schooling completed by the female caregiver. Primary 1 incomplete includes completing grades 1, 2, 3, or 4; primary 1 complete includes completing grades 5, 6, or 7; and any secondary or higher includes completing grades 8, 9, 10, 11, 12, or any higher education.
### Household Food Security

- **44%** severely food insecure
- **23%** food secure
- **24%** mildly food insecure
- **9%** moderately food insecure

### Female Caregiver's Education

#### Age
- **36%** 6-23 months met IYCF-MDD
- **48%** 24-59 months met IYCF-MDD

#### Wealth

- **33%** met minimum dietary diversity
- **40%** primary 1 incomplete
- **41%** primary 1 complete
- **43%** any secondary or higher
- **58%** met MDD-W

### Dietary Diversity of Children

- **44%** met IYCF-MDD

### Dietary Diversity of Women

- **29%** met MDD-W

### By District

- **Nampula, Mozambique**
- **20%** food secure
- **27%** mildly food insecure
- **23%** moderately food insecure
- **22%** severely food insecure

- **25%** met IYCF-MDD
- **26%** met MDD-W

- **Female Caregiver's Education**
- **Wealth**

- **MALEMA**
  - **37%** primary 1 incomplete
  - **36%** primary 1 complete
  - **30%** any secondary or higher

- **MECUBURI**
  - **59%** primary 1 incomplete
  - **36%** primary 1 complete
  - **21%** any secondary or higher

- **RAPALE**
  - **59%** primary 1 incomplete
  - **36%** primary 1 complete
  - **21%** any secondary or higher

- **MONAPO**
  - **7%** primary 1 incomplete
  - **59%** primary 1 complete
  - **23%** any secondary or higher

- **MURRUPULA**
  - **23%** primary 1 incomplete
  - **41%** primary 1 complete
  - **24%** any secondary or higher

- **MOGOVOLAS**
  - **19%** primary 1 incomplete
  - **34%** primary 1 complete
  - **27%** any secondary or higher

- **MECONTA**
  - **25%** primary 1 incomplete
  - **34%** primary 1 complete
  - **27%** any secondary or higher

- **ANGOCHE**
  - **21%** primary 1 incomplete
  - **59%** primary 1 complete
  - **23%** any secondary or higher

- **LARDE**
  - **58%** primary 1 incomplete
  - **37%** primary 1 complete
  - **19%** any secondary or higher

- **MONAPO**
  - **65%** primary 1 incomplete
  - **45%** primary 1 complete
  - **47%** any secondary or higher

- **MALEMA**
  - **48%** primary 1 incomplete
  - **39%** primary 1 complete
  - **47%** any secondary or higher

- **MECUBURI**
  - **59%** primary 1 incomplete
  - **39%** primary 1 complete
  - **47%** any secondary or higher