**Definitions:**

**MINIMUM DIETARY DIVERSITY (MDD):**
Proportion of breastfed children 6-23 months of age who received foods from 4 or more food groups during the previous day. Food groups include: grains, roots, and tubers; legumes and nuts; dairy products; flesh foods (meat, fish, poultry, and organ meats); eggs; vitamin A rich fruits and vegetables; and other fruits and vegetables.

**MINIMUM MEAL FREQUENCY (MMF):**
Proportion of breastfed children 6-23 months of age who received solid, semi-solid, or soft foods the minimum number of times or more during the previous day. Minimum was defined as 2 times for 6-8 months and 3 times for 9-23 months.

**MINIMUM ACCEPTABLE DIET (MAD):**
Proportion of breastfed children 6-23 months of age who had at least the minimum dietary diversity and the minimum meal frequency during the previous day.

**WEALTH:**
A wealth index was constructed using the DHS method, including data on a household's ownership of selected assets; materials used for housing construction; and types of water access and sanitation facilities. Wealth quintiles are reported here.

**FEMALE CAREGIVER'S EDUCATION:**
Categories are defined using the highest grade of schooling completed by the female caregiver. Primary 1 incomplete includes completing grades 1, 2, 3, or 4; primary 1 complete includes completing grades 5, 6, or 7; and any secondary or higher includes completing grades 8, 9, 10, 11, 12, or any higher education.

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The study was conducted in 10 districts of Nampula province where USAID supports programs in nutrition and agriculture.

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nutritioninnovationlab.org
Minimum Dietary Diversity

33% met MDD

Female Caregiver's Education
- 24% none
- 32% primary 1 incomplete
- 49% primary 1 complete
- 50% any secondary or higher

WEALTH
- 27% met minimum dietary diversity
- 35% 37%
- 34% 45%

Minimum Meal Frequency

32% met MMF

Female Caregiver's Education
- 28% none
- 29% primary 1 incomplete
- 34% primary 1 complete
- 34% any secondary or higher

WEALTH
- 30% met minimum meal frequency
- 28% 25%
- 42% 27%

Minimum Adequate Diet

11% met MAD

Female Caregiver's Education
- 6% none
- 10% primary 1 incomplete
- 7% primary 1 complete
- 16% any secondary or higher

WEALTH
- 8% met minimum adequate diet
- 8% 7%
- 15% 11%